CAP ENERGY PLC

("Cap" or the "Company")

Posting of Annual Report and Notice of AGM

Cap Energy PLC, a company listed on the ISDX Growth Market focused on the exploration, production, and development of oil and gas in sub-Saharan Africa, is pleased to announce that the Company's Annual Report for the year ended 31 December 2013 and notice convening the Annual General Meeting of the Company have been posted to shareholders in the Company today.

Copies of the Annual Report and the Notice of Annual General Meeting will be available from the Company's website at www.capenergyplc.com and at www.isdx.com.

For further information please contact:

Cap Energy PLC

Chanelle George, Investor Relations
Tel: +33 616 65 1154
Email: chanelle.george@capenergyplc.com

Martin Groak, CFO Tel: +44 (0) 207 491 9196

Email: martin.groak@capenergyplc.com

Peterhouse Corporate Finance Limited

Mark Anwyl and Duncan Vasey Tel: +44 (0) 20 7469 0930 Email: duncan@pcorpfin.com

CAP Energy PLC

25 Dover Street London W1S 4LX

Tel: +44 (0) 20 7491 9196 Email: info@capenergyplc.com